



IT'S OKAY PROJECT

A creative mental health project

Zine Workshop

Aim:

Workshop attendees will produce their very own collaborative Zine

Participants will express and explore personal interests and process into a zine format using exciting media and interactive mediums.

Learning Outcomes:

- To be able to create a Zine of expressive art/text using a multitude of creative processes previously used in the history of DIY Zines.
- To design and create a finished zine to take home.
- Develop personal expression using creative forms
- Demonstrate individual making skills in a variety of media and working methods
- Discuss DIY Zine history, creative expression, and culture

Materials:

Our choice of materials are those which have been used throughout DIY Zine culture.

- Paper – new and used, wide range of varieties including vintage paper surfaces, old magazines, blank new sheets, printer paper and large paper rolls.
- Polaroid instant printing from phone cameras
- Printer/photocopier – used to print final Zine product
- Typewriter/s – experimenting with old writing techniques on a variety of paper surfaces
- Additional craft supplies – scissors, pens, pencils, paint brushes, rulers, sewing thread, label makers, stamps, sewing needles, glue sticks, masking tape, stickers, magazine for collages

*We will also provide physical examples such as zines, art, magazines/books and music which will be used for explanation and inspiration. The work area will be decorated to create a creative atmosphere and funky overall vibe.



IT'S OKAY PROJECT

A creative mental health project

Price options:

Design a workshop that best suits your needs. We work with a community of like minded projects who can offer additional activities to your sessions which include physical and educational activities.

Workshop prices are fixed.

1. Physical Zine workshop with a min of 1 leader. All materials and equipment provided. Participants will create a small hand held Zine to take home
£65 per hour, per member of staff
2. Travel expenses if more than 5miles outside of Sheffield
3. (Additional option) A professional printed Zine publication of work created at the event/session x 100 copies (64 pages max) A5, high quality, full colour printed Zines. For more information on zine details and how it works please talk to a team member who will be able to assist.
 - *Zine's can be retailed at £5 each, if not free. Sales are the responsibility of you and your organisation
 - **Please allow 4 – 8 weeks for the design, print and delivery of the Zine.**£300 per 100 Zines**
4. Additional activities from the following:
 - Sexual health and awareness
 - Alcohol/ drugs awareness
 - Personal empowerment
 - Career opportunities
 - Knife Crime sessions
 - Skateboarding lessons